

Bliss

Understanding Your Death

Inspired by the teachings and writings of Yoshin David Radin.

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Also dedicated and spiritually inspired by the teachings and writings of Buddha, Zen, Rumi, Bob Marley, Angela Davis, Oprah Winfrey, Gayle King, Martin Luther King Junior, Eckhart Tolle, Fran Lebowitz, Ira Fields, A., Atheism, The Nephilim, TGP and You.

Preface

This not-for-profit booklet was written out of love and kindness in understanding death on a simplistic level by using the form of rhythmic poetry. Its purpose is to help you. The booklet is mostly influenced and inspired by the teachings and writings of Yoshin David Radin and Zen Buddhism, but is eclectic with the influences of Rumi, Bob Marley, Angela Davis, Oprah Winfrey, Gayle King, Martin Luther King Junior, Eckhart Tolle, Fran Lebowitz, Ira Fields, A., The Nephilim, TGP, Atheism, and other spiritualists. The Transcendent within me put together these small number of booklets not wanting to insert the ego of my name on the title page, so the self has just used A. as the poet.

Thank you, Andy Warhol, Jean-Michel Basquiat, and Emerald Cat Picatso artist for showing me that the painting of art can be transcended by Cadavre Exquis (French Exquisite corpse art game). Art like Buddhism is impermanent and transitory. Not static in ego, but fluid within its transforming syncretism.

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Creatures of Death – Forgive and Accept your Journey – Consciousness Constructs

Are we all creatures of death? The stripping down of your constructs of consciousness.

Can a music note enter you into the illumination of the universe's loving breath?

How far can I reach into my mind for the process of transcendence?

Can I practice any religious ritual for the cure over the awakenings over death?

Am I reaching into the endless abyss of my egos-transcendence?

Am I searching for enlightenment? Or is it searching for me in my commitment?

How am I absorbing the suffering of my soul? The punishments.

Do I surrender my sensory mind and my transitory body to enlightenment?

Am I the watcher of my mind? The heuristic problem solver over all the bereft?

Are these seekers of knowledge and these seekers of experiences all well read?

What about the poor and uneducated? Do your gods strike them all down dead?

What is my purpose? My design? My journey? The contemplation of awareness?

If the mirror has a soul? Am I in a constant state of change? Judgement? Or kindness?

What are my emotional responses to other religious thoughts? The syncretic blindness.

Or am I surrendering my soul to the flow of the echoes of the past? The timeliness.

Ignorance stagnant in the unchanging patriarchal ego misogyny. Where is loving-kindliness?

Cultivating and training the mind to let go of struggle. The tranquility of love in sublimeness.

Letting go of memories. Being empty of thoughts and filled with positive euphoric mindfulness.

Harmony is the greatest gift you can give to yourself. The happiness and liveliness.

Reach in and hug yourself. You have taken the first steps. The awakening of your kindness.

Dedicated and inspired by Yoshin David Radin, Zen, Oprah Winfrey, Ira Fields, A., TGP and you.

Bliss – Understanding Death

Then the lotus flower became aware of the awareness that she was going to die.

But her thinking was flawed. For the flower had just fragrantly realized.

That her consciousness was opening like petals. The flower would rematerialize.

The transient body disappears, but the soul continues to have a scent and magnify.

People are walking through life. Making the act of walking meaningless.

When you become aware of the transcendent inside of you, you are in a state of dreaminess.

It is not the attachment to the misery that is outside of you. Melt love inside of you. The easiest.

Can you see the scent of the flower? Can you see death's consciousness leaving us?

You tell yourself you live in this body, and it cannot contain your consciousness forever.

Would you trap a vibrantly colorful butterfly in a jar? Would you trap yourself in bad weather?

Death is the releasing of dualism. The transcendent and the human consciousness together.

You are awakened into and as the knower. You are the ingredient to your spirit's experiences. Untethered.

The lotus flower became deeper in her higher states. She was no longer an ego-individual.

Her mind was the universe. Her essence floating in the residual.

She was ambivalent. But was moving away from the definitions of death. The critical.

She was losing interest with the content in her head and was moving towards the mystical.

The lotus flower ascended the universe with bliss. She had a deeper nature to her shared existence.

She needed no purpose or fulfillment. She was now indifferent to the micro experience.

The lotus flower had to leave us to our emotionally out of control seriousness.

She watched within the transcendent curiousness. No longer attached to her body's interferences.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Oprah Winfrey, Gayle King, Eckhart Tolle, A., A. Moody, TGP and you.

Ego Death – Being Remade like a cake – Free Agency - Shine

You are going through the experience that you will no longer exist in your body.

The slow disappearance of your body releases the consciousness into the transcendent. The holy.

The impermanence to your human structure could be re-made again. Ingredients take hold of me.

The Beings that created us and designed us can replicate us. They can remake the exact same copy.

Quieten your mind. Humble yourself. Think of all the inventions and technology in time.

Would a caveman know how to operate a mobile phone? What speaks through your mind?

Allow consciousness to meet the breath. Start questioning all the sources that you find.

Are you forced to accept a religion? Not question it? Giving away your free agency of your mind?

When you start to question religion, you make people feel uncomfortable with their life decisions.

The past has shaped and controlled your ego-mind. Ignorance inherited. The divisions.

The messengers that were delivered to humanity have divided the people. Race wars missions.

Dividing up the world through cultures, religions, and borders. Does anyone listen?

You cannot know if your God, that has just shown up in a limited amount of time is true.

Instead, you insist on blind faith. The unawaken. Your self-importance of ego. You refuse.

Free yourself from yourself. Do not let the collective ego religious identity pursue.

You have had enough of all the holy wars. You are no longer an 'I'. You are through!

Your mind is trying to make sense of its existence through the past. Will it rule over you?

You're attached to the outer salvation when the inner salvation is true.

Tell yourself every day in a mantra, "Kindness, compassion, and love will do."

Free yourself from your thinking. Shine like the sun. Shine right through.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Fran Lebowitz, A., TGP and you.

Understanding your Existence through Death – Are you disappearing? The Transcendent

Where do I find enlightenment in understanding my existence? Is it in my innate nature?

Or is it found in nurture? Teaching somebody all the love inside of them is major?

Transforming the change lovingly melts the prison bars. Shifting the inmate's behavior.

Everyone is searching for the meaning of their life. Let love permeate. Love is no stranger.

The meaning of life is that you exist living through the transcendent. You interpret your own death.

Will your consciousness understand it leaves the body like the lotus flowers scent. The ascent.

You're reacting to the human experience. But you're awakening in this moment. Your mind's content.

You are the immaterial transcendent material living in your body. The glimpse of the transient.

Go now more deeply into your mind. For you now see the ripples of your human shadow.

Concentrate on loving each other through shifting the ordinary. You're now relaxed. Mallow.

You are no longer a prisoner of your mind's fears? You are the sacredness in this heavenly hallow.

What are you really looking for? Is it inner and outer peace? Floating through all that is shallow.

You now look forward to being released from your body's loving transcendent embrace.

You can now smile into the pink lotus flower. You have given the universe a new kinder face.

Your body creates the magnanimous human glory of the universe. The universe cries out with love today.

For you are the universe experiencing itself. Your life will still shine. It elevates. It stays.

The journey of your life through the universe connects to the holy consciousness. You are raised.

Your human form no longer inhibits you. The universe's womb rebirths you again. It recreates.

The termination of your human body shell is not sadness. Did you die with loving-kindness, bliss, or hate?

You have already died. Been born again. You can never die. You exist in multiples states. Your fate.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Angela Davis, Oprah Winfrey, Gayle King, A., Aristotle, Double Entendre, TGP and you.

Do you choose Suffering? Or do you choose Love? The Transcendent

I am inside this body sharing this body with the transcendent. I am kind.

Every day I am a different individual illuminating love. I train and train my mind.

I have deeply struggled with life, but now I have surrendered to it. No more thoughts of suicide.

I will just be curious and see where this journey takes me. Even if I endlessly cry.

Bob Marley said, "Some people feel the rain while others just get wet."

I will train my mind to love myself. To be grateful. The transcendent gentleness.

I will train my mind to love others. To not be drawn into their aggressiveness.

I will not hold back love. I appear now in this moment to change in my expressiveness.

My body was created so that the whole universe could flow through me. The completeness.

I will not destroy this body with suffering, for it is my pathway to the transcendent deepness.

I will not attach to this body a permanent structure, for this body is a fleeting sweetness.

I have become one with the raindrops. I am overcome with love and meekness.

The transcendent is never separate from us. Let love be reborn in you every day.

You are no longer an individual. You are a greater part of the golden flower's pathway.

You illuminate the universe's consciousness as your consciousness illuminates the universe. Please stay.

Destroying the body does not destroy the suffering. Your journey shines through the sun's rays.

Just accept the mind as it is. Be still. Be calm. Mediate love and kindness all over you. This is the way.

You are a flower growing in the transcendent. Do not let customs of cultures weigh.

Our true nature is born in love. The human form wants to give love and be loved each day.

Cultivate the flowing waters of wisdom into the flower. Each day is the new you. Let love have its way.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Bob Marley, Oprah Winfrey, Gayle King, Fran Lebowitz, TGP and you.

The Love of the Lotus Flower – Your State of Mind

What is going on in your mind determines the quality of who you are.

Self-authenticating your true self is the genuineness to the universe's stars.

You can commune with lovingkindness. The blessed states will take you far.

Compassion, sympathy, tranquility, and lovingkindness, is who you are.

When we give and treat people with love, you're in a greater state of mind.

Wake up and say thank-you for another opportunity to be loving and kind.

The ethics of love is giving peace and a quality of mood to your life's design.

Every breath and footstep you take should water and cultivate love in your mind.

Everything is the flowing of the energy of the universe. You melt into time.

You are a temporary affair of the universe's design. Step into the sublime.

You are an expression to the universe giving form. Giving rhyme.

You are the universe experiencing itself through you. Will you be kind?

You are not separate from the universe. Instead, you name separateness to a wall.

The mind's delusion of fulfilling itself separately. The collective identity of it all.

We are a concept of the universe's design. Manifesting thinking calls?

Why do humans identify themselves incorrectly? They do not have to suffer at all.

Humans are made up of parts. The composite of the universe's jig-saw puzzle.

The universe self-exists producing cause and effects. The state of your mind bubbles.

Stay in the lotus flower. Trust the universe. You should not stay in a mind's state of troubles.

Dance in the ecstatic state that you are a part of this beautiful world. Your mind's love doubles.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Gayle King, Ira Fields, A., TGP and you.

Let go of Pain – Become ‘One’ with the Divine Consciousness

Are you having a psychological breakdown in your head?

Sit down. Relax. Close your eyes. Remove all the psychological noise and dread.

Clear your thoughts. See the stillness in this peaceful moment. The happiness.

Focus your mind on the nothingness. Become your quietest silent breath.

You tell yourself, “I am not worthy. I am too fat. I am too stupid. I should be dead.”

These negative thoughts are the fire you should put out. Water them down to nothingness.

You tell yourself, “I am going to be fired! I will have no money!” Homelessness.

Let go of this worldly ego. Float on the rivers of all the souls before you. The timelessness.

You live in the form that the universe expresses itself through you. You are gratitude’s gift.

Buddha walked away from all the riches and validations of this world. Love drips.

Let go of the horrors and the nightmares in your mind. You have become kindness-bliss.

The universe is telling you that you are all its wonderful beauty sealed within a passionate kiss.

Your thoughts can cause pain and suffering. You can transcend them in the fullness of this moment.

Plant mystical happy colored flowers in your mind. No judgement.

Aren’t you tired of all the fear that jumps around in your mind? The punishment.

Choose not to suffer. You are a bridge to the golden sun’s accomplishment.

I, being an expression of the universe, cultivate tranquility. My mind’s content.

The universe has transcended through me. I need nothing in the somethingness.

I have become ‘One’ and in love with faith and trust in the divine consciousness.

I have surrendered worldly expectations. I am re-birthed through transcendence.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Kolarra Moody, TGP and you.

I Will Not Suffer – The Mystical Tree

Everything you see, feel, touch, taste, smell, and hear each day is new.

You were chosen to experience these forms. The mystical tree grew.

The leaves of the tree have become tears of happiness. Honey dew.

Thinking is a form of emotion that I outgrew.

Wisdom transcends ego. I am anew.

I will deflect hateful energy with love. I am water. I smile right through.

I will not respond or reflect hate with hate, as that is what they want me to.

My mind introspectively steps back. Holds onto loving you.

Knowing is the awareness of understanding the information that supplants.

The tree will one day fall, but not before it drops its seeds to re-plant.

We were not born to suffer. The seedlings grow and lovingly enchant.

You don't have to prove anything to this world. Take off your mask.

The tree that had fallen valued the ground that it had become its eternal bed.

The inner third-eye had experienced another new sensation. It wasn't scared.

The tree was searching for itself and the universe. The unborn dying is watered.

You have become everything. Back to growing the tree of origin you were meant.

You don't have to prove that the tree eternally exists, for you already eternally exist.

The universe reincarnates all the wisdom of self-emanation. Your DNA recipe with a twist.

You surf the liberation of your mind ready to ascend the golden pathway with your consciousness.

The mystical tree vanished into loving-kindness. It trusted its enlightenments mix.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, A., TGP and you.

Setting Yourself Free – The Human Butterfly Cocoon

I am not attached to this transitory body. I float over wild red poppy fields.

I am not the totality of my existence. The lack of my self-consciousness calls out. I yield.

I am the absence of everything. I am the silence when fear stills.

I am released from this human cocoon. The unseen spiritual material soul feels.

Does this invisible spiritual manifestation of the soul belong to me?

I just saw a vibrantly colored butterfly in a cocoon set itself free.

Am I the absence from everything? Does the lack of my consciousness dream?

Is the illumination of my new spiritually divine parentage now complete?

Am I being unmanifested in death so that my mind can be released by fear?

People think of death as something sad, but is it something that turns the waters clear?

I look at my mental state as the awareness of memories that can smile and cry with tears.

Am I in the presence of the now? What am I conditioned to think? Do I really hear?

The material forms of my surroundings try to affect my state of mind.

Have I been walking through life with being unappreciative and blind?

Should I show remarkable gratitude for how the universe paints its mind?

Does the universe reveal its presence? Does it reach out to you, to be kind?

Calm yourself. Your journey has been a river of souls that detaches itself from time.

Breathing out is the dissolution of yourself that cultivates the consciously divine.

You can let your thoughts liberate you to a place of Nirvana? What do you see in your mind?

Do you see the goodness in existing? Or do you pursue other higher states to find?

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, TGP and you.

There is No Wrong or Right – Staying in the Spiritual Zen Zone

The true self is transcendent with the universe. There is no 'I'.

You are the consciousness of everyone. Incarnated in different forms that pass you by.

How much of your ego have you emotionally invested into your preconscious mind?

Are you having selfish or loving conversations in your head? The detached cry.

This transient body will not react aggressively to negative energy. The love bubble sighs.

The universe watched a flower being plucked from the ground. Its ego did die.

The flower was tossed into the rushing river. It did not know why.

The worry and fear of where it was going to, had to be released. The mind's good-bye.

For every decision was drowned in mental conversations. There is no wrong or right.

Accept the wisdom of the journey. Fate humbles the brightest butterfly.

We are not separate from each other. The universe's consciousness does not die.

You're in the calmness of acceptance. Your heart loves compassionately. It multiplies.

Constantly focus on being in the spiritual zone. The Zazen walks with you all the time.

Let the meditation of peace, love, and kindness be all around you. The heart eternally testifies.

Do not react to the psychological noises. You're floating in the benevolence of being wise.

You've been hurt and abused, but you are the powerful healer of your mind. Now fly.

The flower was tossed around through the ripples, but it detached from its mind. It did not die.

You felt the mystical madness watching through the flower's eyes.

You stepped into the out of control flower to calm it down. To its grateful surprise.

The flower was no longer worried. It just floated on by with the happiest goodbye.

Dedicated and inspired by Yoshin David Radin, Zen, Oprah Winfrey, A., TGP and you.

Letting Go of Ego – The ‘Self’ and ‘I’ – The Universe’s Revelation

You are the divine consciousness of the universe born into itself. You get by.

But you are not the owner of your body. You seek to go back to the beginning. But why?

Do you have an innate nature that is hidden from you for a reason? Will it make you cry?

Are you ready for the secrets and the revelations that structure your subconscious mind?

Are you open and ready to let go of your self-importance? Your ego’s last good-bye.

Can you accept the totality of the universe’s mind? Or are you scared and stupefied?

Are you detached from the illusion of the institutions that have shaped your mind’s prize?

Are you ready to let go of all the superstitions of all religions that have lied?

You are your own witness with yours and the universe’s eyes.

Has an identity been imposed upon you? Do you know why?

Let go of the ‘Self’. You are calm and peaceful. Kindness delights.

Will the ‘I’ in the universe ever be complete? Rebirthing disguise.

The true self is divine consciousness. You’re constantly in change. Fluid surprise.

You’re constantly floating down the river or up the river. The flowers delight.

The flower is slowly awakening. You only need to try.

You are one with the flower. There is no imposing identity. Your free to fly.

Hateful and angry people suffer from the human condition of confusion.

Compassionate and kind responses keep you centered with endurance.

You have become a higher power. You will resist being tangled. Loves assurances.

You’re saturated in kindness and perseverance.

Dedicated and inspired by Yoshin David Radin, Zen, Fran Lebowitz, A., TGP and you.

What you tell yourself determines the quality of your life – The Flower

I am aware of the content of my mind.

I am gentle, meek, and ready to be kind.

I know I am not my mind. The mind is just a sign.

I am flowing through the universe's magnanimous design.

I am indifferent. I am not concerned with my thoughts.

I can forgive myself and humble my self-worth.

I won't let these memories continually hurt.

I have ascended into the divine universe's magnificent words.

I cannot fulfill myself as I am the impermanence to this world.

I am at peace with my mind. I will not let it throw me around and twirl.

I am in the process of clearing my mind. Let it furl or unfurl.

I am not anyone. Yet I am anew. I am not man, woman, boy, or girl.

I am tired of battling my mind. I must step away from it.

I will not believe in my mind. It is no longer a personal trick.

I am now in peace, bliss, and in the quietest loving kiss.

I am no longer what I think. I am in divine consciousness.

I am relaxed and sedate. The quality of my mind has stopped the inner fight.

I have stopped resisting the harshness of life's bite.

I now appreciate the beauty and miracles of the sunrise.

I am now lost in the love of the flower's eyes.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Oprah Winfrey, A., TGP and you.

Train your mind in humility, love, kindness, and humbleness

Your mind identifies your body. You are the awareness of that body.

When you walk, walk in the awakening holy.

You are here in the present. You are here in fullness. Wholly.

Make contact with yourself slowly.

Wisdom manifests new meaning in changing objects you are experiencing.

Exist in this present moment for your transient vessel is disappearing.

The collective individuality of death is not fearing.

The undying death in reincarnation comes back. You are reappearing.

You are already beyond birth and death through divine consciousness.

Train your mind in humility, love, kindness, and humbleness. You're in providence.

You never truly left.

You've been conditioned by previous generations in all their ignorance.

When you serve and help others, your petals open.

Believe in a world that is not broken.

If you believe in a world of explosion,

Then the tears of your hate have spoken.

Existence is life appearing, wanting to be loved. Your responsiveness.

Resist the urges of war. This is not divine consciousness.

Be aware of your thoughts and their consequences.

You are the watcher of your loving mind. The watchfulness.

Dedicated and inspired by Buddha, World Peace, Yoshin David Radin, Zen, Oprah Winfrey, Gayle King, Ira Fields, A., TGP and you.

Spiritual Rebirth

So, you're trying to find out the deeper meaning and the deeper knowing of your life?

So, you float back before culture and religion informed you of who you are. You became night.

You stepped outside your mind. You were not separate in your mother's womb. The spirit rite.

You're now seeing the body as an object that experiences itself within the ubiquitous divine sight.

There is a force. An entity living within you that says, "I think therefore I am."

Your thinking asserts your identity. Have you misinterpreted the grand plan?

Are you running around jumping through hoops of fear. Religions plot. They understand.

Your thinking is existing, but who or what has shaped you? Do you feel fear or damned?

Be sensitive and humble in your mind to what your mind is absorbing. The self.

Are the generations of people from the past making your identity a living hell?

You're struggling to fulfil all their religious commands. Their curse and their spell.

But now your mind stands between them. It stands between consciousness and the body as well.

What you are experiencing is the mind. You're trying to absorb the transcendent knower.

You're watching your consciousness play out in a movie. You're the apple tree grower.

Where did this apple pip come from? How far can we go back? Self-concern makes us slower.

You're struggling to find fulfillment. Your unanswered questions. The transcendent knower.

The source of your existence struggles to be known but it can be realized and known.

You are the beholder of your existence. Your body has been to the moon. The 'Big Bang Zone'.

You were at 'One' with the 'Divine Consciousness'. Your body's ethereal transcendental home.

You're having a spiritual rebirth in death. Your thinking has immersed and flown.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Fran Lebowitz, Oprah Winfrey, Gayle King, Eckhart Tolle, A., TGP and you.

What You Think – Your Fears – The Ouroboros and the Snake

Your mind is closer to you than a lover, a best friend, or any other.

Your mind is your holy land to furnish with love and to discover.

Make friends with your mind. You don't have to know everything. The knower.

Dissolve your self-importance and ego. You will go deeper if you go slower.

Do you believe religious rituals make you their monetary and colonized slave?

Are you running around mad trying to outperform perfection before the grave?

The content you put into your head surfs the minds of your hidden states.

Dying is the dissolution of the self and body. Let your life essence and ego go and escape.

Meditate and train your mind not to suffer or fear.

Find love and beauty in the snake. It was meant to be here.

Do not overlook the love in yourself. You were meant to appear.

Experience the gentleness in your mental states. You are sincere.

Your mind is your companion. Your very best friend.

You create the quality and pleasantness of your mind. You can mend.

Stop reacting to the fear of the snake. Divine consciousness has no beginning and no end.

The metempsychosis of the ouroboros reincarnates in death's liberation of the body it sends.

The transmigration of being released from the body. The unborn mind is awakening.

The essence of existence is in the making and recreating.

You only know yourself as a body, but you are so much more in the re-awakening.

The psychological resurrection of the body is now fading and lovingly dissipating.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Aristotle, Oprah Winfrey, Gayle King, Aristotle, A., TGP and you.

The Temporary Human Affair – Grief – Life and Death

You're in the moment to the self and the universe that has become eternal.

How can you appreciate living without death? You're the love in the universe's journal.

Your mind is suffering. Trapped in the hurting over the loss. Losing someone very special.

Everything you create will disappear. You're in the universe's design. The human temporal vessel.

You've imprisoned yourself in grief when the love you have lost has moved to the next level.

You think of death as a tragedy, but death is the new life rising in the ethereal.

Live in the comfort of your loving memories. Don't hold them back in griefs ritual.

How can you experience gain without loss? Your love has ascended into the spiritual.

How can you appreciate consciousness without unconsciousness? Expressions relief.

What the universe designed can be reborn again. Heightened loving belief.

The inner radiance is chasing the same human design in the static. The traumatic grief.

The listlessness in despair that chatters in your head. Find calmness in your head. Peace.

The impersonal presence in transcendence radiates through you. Nature's design.

Trust in the universe's divine fundamental structure. Your love waits through time.

To be re-connected with the authentic fluidity that produces freedom from loves shrine.

Would you trap a butterfly in a jar so that you can try to fulfill your temporary human design?

How can you appreciate winning without loss? Appreciate the now in your existing consciousness.

Stop thinking. Stop tormenting yourself. Your sweet love would be sad at your responsiveness.

Bath in the loving tranquility of kindness and gentleness.

You are balancing in the songs of happiness and temperateness.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Oprah Winfrey, Gayle King, A., TGP and you.

Addiction to your Thoughts – I am an Alcoholic with you – You are not alone

Your thoughts are like water. Step into them and you may drown.

Meet the mind and bow to it. You're safely floating on a lotus flower now.

Accept yourself with kindness. Don't let your state of mind threaten you. Don't allow.

Stop producing reactions to your thoughts. You live in the now.

There should be nothing inside of your head that makes you uncomfortable with dread.

You don't have to prove yourself, or your religion, or pretend.

You're authentic and allowed to be curious about everything.

You are the seeker of your own salvation. You're bored with all your suffering.

Become intimate with your thoughts and accept them as the water falls.

If you're an alcoholic, accept it. Don't force your mind to judge. Be comfortable.

You don't have to have all the answers to the human condition. Oneness calls.

Let go. Relax. Tell yourself the mantra of love, that even this time will eventually pass, after all.

There is no self. You are not alone. The entire universe exists inside of you.

You are greater than you know.

You are pure consciousness. Watch your strength grow.

You are no longer defenseless to relapses. They are now lapses in the flow.

The mental content you put in your head should be in a dream-state. Not war.

You have accepted your position. Now emotionally distance yourself from it all.

Slowly go into higher states of the divine consciousness. The cosmic call. Moderation. Teetotal.

Your mind and body aren't defenseless. Tapering off moderately. Begin to humbly crawl.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Rumi, Alan Moody, A., TGP and you.

The War of the World – Undoing Hate - Regret

The purpose of spiritual Buddhist Zen practice is to undo your thinking.

To undo all the damage that has been done to you. You are kindness dreaming.

Thinking about the wars of the past gives you a separate body. Your focus is killing.

You are not separate from the universe. You walk now in heaven believing.

When you think about hate and aggression you react. React in love and peace. Endearing.

Your true nature is the seat of the universe. Everyone was made. The appearing.

You are not separate from each other. This is an illusion slowly disappearing.

We are all connected to each other through love and kindness. Transcendent engineering.

Thinking performs and can create problems in the world and in your life.

Trillions of problems go through your mind. Transform your mind's sight.

Trillions of tranquilities of serenity now furnish your mind's design. Let there be light!

You now illuminate a new divine conscious self. The changing future. Your new rewrite!

You are not separate from the universe. Cultivate the wisdom and the true nature of the self.

See your original transcendent nature. You should quiet your mind. Not drag it into hell.

You have to live with what you have done in this life. You can start to find peace now.

You can begin beautifying this world with love and peace. Make up for regrets hard shell.

The whole universe is one vast undivided organism. You are a mirror to this world. Help!

Help show people their true transcendent nature in the creation of love in the self.

Humanity is destroying the world because it thinks it is a separate existence. Reach out.

Everybody is connected through the love in the universe. The people you meet are ourselves.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Ira Fields, A., TGP and you.

Words and Actions are Powerful – The Collective State of Mind – The Tree

You try to pursue the meaning of life through words.

But you do not take the action that you have heard.

Would you give food to the homeless? Or is kindness just another word?

Be the action. The insight. The awareness that you have heard.

There is no self. There is the dichotomy. The separateness you feel from the universe.

The self takes a limited view which interprets your reality. Does your reality really hurt?

Can you interpenetrate? Mix together the macro design of all your worth?

Can you step onto another planet and see yourself? How the composite of parts work?

We all must experience death. The human condition can transcend it all.

We are in an incomplete state. Our spirit-soul-ego grows then falls.

The tree spoke to me and whispered, “It is hard to change them. They refuse the call.”

“Instead, they trap themselves in the false self, teachings of religion.” The egotistical.

“They seek to follow the limited view of dualistic separateness. They seek identity approval.”

Then a lotus flower saw the collective religious ego identity rush to war.

They were trying to pursue happiness. They were in the micro. Not the macro of it all.

They were seeking approval from their god and self-justification of the evil brawl.

Travelers from another world watched the impermanence of the human nature. They tried to help.

They watched the profound emotions that made humans rip each other about.

They watched the objectification that humans had manifested upon themselves.

The travelers sent messages of love and even shut nuclear weapons sites down.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, The Nephelium, A., TGP and you.

I Truly Love You Universe – Releasing the Universe’s Orgasm

The ordinary mind has difficulty coping and seeks comfort in new sources.

You look for happiness in the outer experiences. The outer forces.

Are you walking on the same road as all the other sheep? The sleepwalkers.

Or are you hiding behind religion? Alcohol or drugs? Speaking in tongues. The sheep-talkers.

Are you trying to hide your true nature? For really you only hide the transcendent.

Step out of yourself and tell yourself, “I love you! You are magnificent!”

It is hard to love somebody else when you cannot love yourself. The universe’s pendant.

Dripped in the splendor and the magic of ‘Oneness’. You appeared significant.

The next time you orgasm or ejaculate, orgasm for the universe and come into the universe.

Be aware of the tantric kundalini karma. Totally give the self. Submerge.

For the transcendent universe orgasmed and broke open to experience the splurge. It emerged.

Echoes of your orgasms reverberate all around the world and the universe.

An existing self is created through thinking which in essence is without self.

Does your mind manifest illusions or creations? Are you conscious of the subconscious water-well?

Are you lucid and open to drinking the sacred golden waters? Do you know how?

Can the human mind even approach the transcendent? Do you need to be released from the self?

The body broke open like the universe to develop and grow. It fell...

It fell into the arms of being incomplete. Its presence felt.

Can the universe transcend itself? Look out...

The universe is uninhibited. Naked. It is showing and exposing itself.

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, The Nephelium, A., TGP and you.

Don't Worry Be Happy – Your Meditative State – The Cocoon of Control

How comfortable are you with words? Does the word 'Piss' make you cringe?

You are in the awareness that no thought should control your being.

Mediate on the word 'Piss' until it has no power over you. Let piss pass over me.

Over ninety percent of piss is water that is useful for nature's replenishing.

Why worry about a word? Why worry about piss? You're indifferent and growing.

You will not be taunted into aggression or humiliation. Tell piss to get going!

You're in a meditative state that will not be penetrated. The transcendent is now showing.

Detach from your thinking. The Zen keisaku stick has struck you! Now start concentrating!

You do not exist in your own power. You drink the universe and piss it out.

Try not to be arrogant in your thinking, you are right. There's room to move about.

Do not assume and say, "The whole universe exists for my selfish self."

I watched piss grow a tree. Piss circulates growth on the ground. It helps.

Your true being is awareness. You are not an independent self.

When you humble yourself and say, "I don't deserve to exist. Put me back on the shelf."

You're grateful for the long or short time you have on this human journey now.

Tell yourself, "You're just visiting in this body." You now realize the kindness of everybody else.

Death is the body disappearing. Death is just a word. Nobody gets to stay in their body. You are a gift.

Being worthy of existence is that you do not deserve to exist.

Compared to the vast universe, why stay trapped in worriedness?

Worriedness is ridiculousness!

Dedicated and inspired by Buddha, Yoshin David Radin, Zen, The word 'Death,' A., and TGP.

Killing and Executing your God's Image – Anti-Gay Conversion Therapy

You live within everyone. You are connected to a higher reality.

You feel all their suffering. You are the universe's totality.

The sun slid its sensual light on your fluidity of growing your sexuality.

How you experience your identity is licked in many states of sensuality.

I can taste the salt in your tears at how you are persecuted with religious and cultural agendas.

They refuse to let you experience your body. They are the destroyers. Not the menders.

They dare to destroy the image of the divine consciousness in all its transcendent splendors.

They defy the sacred wisdom of feeling what you feel. They are the great pretenders.

To think is to dream. They dream that their religion will outperform all the others.

The transpersonal state of mind. They want to choose your life and your lovers.

You cannot stop the autonomy of the self. You cannot stop my sisters and brothers.

I am in a peaceful state of mind that love will ignite in you. It will rediscover.

We belong to a collective transcendent identity that is awakened to the presence of mind.

We are not your spiritual enemies. We don't need conversion therapy. Be kind.

Can you really say you have been made religiously perfect? The ego's grind!

You use us to serve your own self-importance. Your ego. Your religious cookie-cutter design.

You raped my physical body. You raped my mind. But I have forgiven you over time.

I will not go to my death in a state of unhappiness. My mind is now with the spiritual divine.

My mind is taking me to the eternal fields of flowers. I am out of my body. I am kind.

I am no longer attached to the religious ideology of the form that you created. It's my mind!

Dedicated and inspired by the 'LGBTQI' who suffered, died, and survived at the hands of religions anti-gay cultural agendas of anti-gay conversion therapies. Dedicated and inspired by Buddha, Yoshin David Radin, Zen, Alan Moody, A., and TGP.

Love is your Mediator to the Wars of your Mind

Step out of your thoughts.

Step out of your mind.

Is a black cat really unlucky?

Or has an institution brainwashed you into being unkind?

I ask you again with love, "Step out of yourself."

Dissolve everything that you have ever learnt and thought.

Who placed the hatred in your heart that you should go to war?

You have the power to love with every word. Strip everything of what you were ever taught.

Question how you think and act. Liberate yourself of aggressions course.

Why should I not love every nation of the world?

Why do you want me to hurt my mind in a revengeful attack?

I want to fill my mind with love and hope. Not ready it to crack!

I am the change in this mystical moment. I am relaxed. Harmonies pact.

There are no more nations. No borders to attack.

I live in my mind. I will not let pain grow and attract.

I will connect with the frequency of love. Energies channeling contact.

You tell me to hate perceived different nationalities. To eat hate until I am fat.

You told me to hate the supernatural black cat.

But today I am taking my mind back!

You can keep your redacted religious stories. I am a traveler on a new track.

Dedicated and inspired by Yoshin David Radin, Zen, TGP, A, and you.

Death is Bliss – Your Composure

The world watched as the soldiers killed the images of God and the transcendent.

The soldiers were commanded by governments to see no redemption of the human descendants.

Then a monk named Thich Quang Duc set himself on fire. The self-immolation of Buddha ascended.

The monks body burnt, but his heart remained intact. Compassion remained. It surrendered.

Human's persecuting other humans is remembered.

The monks state of mind had consciously transcended.

The composure of the physical and mental states perfectly blended.

The sacrifice of a martyr needed to be comprehended.

Humans are temporary illusions. There is no self.

The monk sacrificed himself for his thoughts. His community. Smoke billowed.

The monk gave up the universe's consciousness experiencing itself.

The fire melted the momentary human vessel. It protested out.

The love that this monk had for the Buddha looked to the heavenly skies.

This is the self-sacrificing love you should have in death. Look into the Transcendent's eyes.

For when you understand you do not deserve your life, your gratefulness multiplies.

For if you deserved to stay static in the human body your consciousness would not grow. It would die.

Be happy. Be relaxed. Be calm. Quieten your mind within the 'Transcendent of the kiss.'

Be alive. Don't worry. You're the universe's design of happiness.

Don't let others poison you with their thoughts and deeds. The happiness you will miss.

Understand death is a kindness. Don't rush towards it. Death is bliss.

Dedicated and inspired by Yoshin David Radin, Zen, Thich Quang Duc, TGP, A, and you.

This Flowers Epitaph

Are you ecstatically dancing in your mind's openness?

Pulled into...wanting....to be trapped in death's passionate human kiss?

For now, I am lovingly enamored and trapped in experiencing this chosen bliss.

The transcendent experience.

The universe's design. I have not chosen deliriousness.

I am on a sensory rollercoaster-ride of ups and downs. The seriousness.

I am pulled into the unknowing abyss of curiousness.

I have chosen to transcend all my humanly experiences.

The Giant Flower at the End of the Universe

Your journey was long and brave.

You came to the end of the universe today.

You looked and searched for years for answers.

You have had both happiness and sadness.

You parked your flying space-house next to a sign.

Where it said, 'Free Space Parking. Be Kind.'

Your pet cat Tilly and pet dog Otis were playing cards. Their minds.

When they both bolted out from the space-house into the universe. Not tethered or confined.

Running after them you felt a warm loving energy kiss your skin.

You are in a loving space-sun-shower kindly manifesting.

You stood at the end of the universe and openly sobbed.

You were vulnerable in the moment. You felt completely lost.

Looking brightly upon you, a giant flower towered up into the dark shining sky.

It had sparkling yellow petals and a loving face it could not hide.

You saw your reflection in its large, open kind eyes.

The flower hugged you with its stem and leaves and asked you why?

You cried into the flowers loving arms that, "You needed to know why?"

"Why was everything happening in your life?"

Tilly and Otis ran past your legs into the sublime.

The giant beautiful flower replied, "You are time melted within time."

"You are at the end of the universe as that's what you believe."

"But this is the beginning of the universe, that's what I see for me."

"I was here when the beginning began."

"I cried and cried until my seed flowered into who I am."

“I didn’t stop growing as my tears watered my being.”

“I kept growing and growing into a peaceful flower flowered out of me.”

“I thought my tears were bad for me.”

“But the tears gave me balance and nourished me.”

“Oh, kind and beautiful loving flower my life is a mess.”

“Why can’t I have a petal of kindness?”

“I feel so sad and lost without hope.”

“Why can’t I just be happy and cope?”

“Oh, precious child filled with chosen sadness and tears.”

“You are spiritually growing when you accept this here.”

“Life is more than you can ever experience or understand.”

“Be still in the now and let the transcendent emanate through your hand.”

“For when you have trust, faith, and hope.”

“You water the flowers inside of you and they do grow.”

“Do not think you need to know everything at hand.”

“For there is a greater power that protects you and loves you before you began.”

“The flowers of peace, love, and light live inside of you forever.”

“There is goodness in lessons in all bad weather.”

“Let me leave you with a strong kind hug.”

“For now, I go back into myself with the deepest and kindest of transcendent love.”

Dedicated and inspired by the Hidden, Martin Luther King Jr, Oprah Winfrey, Eckhart Tolle, TGP, The Transcendent, A and you.